



Sideline Wide Ball Level Trail

Chuck Gonzalez



BASIC CONCEPTS OF SIDELINE WIDE BALL LEVEL TRAIL

- SIDELINE WIDE / BALL LEVEL CONCEPT gives you much better coverage than ever before!! It is time for a change as the game is changing rapidly. Here are some thoughts:
 1. Player Separation - you will always see the point of contact
 2. 3pt Shot Line Concept - you will not miss a 3-point shot attempt
 3. Dribble Drive to the Basket – by keeping connection & staying engaged to the play, you will continue to see the separation into the Lead Primary
 4. Improved Off Ball Coverage and Off Ball Fouls - will happen right in front of you in your primary
 5. Rebounding Displacement - keeps you right on the play

FURTHER DETAILS ON SIDELINE WIDE BALL LEVEL TRAIL

- Work the Trail Position much like the Center Position (Sideline Wide). Encourage two C's both at the FT Line extended if ball location dictates it
- Stay Ball Level Sideline Wide for angles on separation on offensive and defensive players
- Our goal is when we watch film of our game, or see it on TV, we WANT TO SEE ALL 3 POSITIONS ON THE FILM OR IN THE PICTURE.
- We would much rather be down deep looking out at the angle of separation rather than out at half court area seeing nothing but the numbers on the offensive players back

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International
Union of
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INDIANA
MARCH MARCH
STATE CHAMPIONSHIP

State Farm

CENTER

IHSA CLASS 3A BOYS BASKETBALL STATE CHAMPIONSHIP

3

METAMORA

1ST



7:23



SACRED HEART-GRIFFIN

0

FOULS: 0

TIMEOUTS: 5

POSS. ARROW

TIMEOUTS: 5

FOULS: 0



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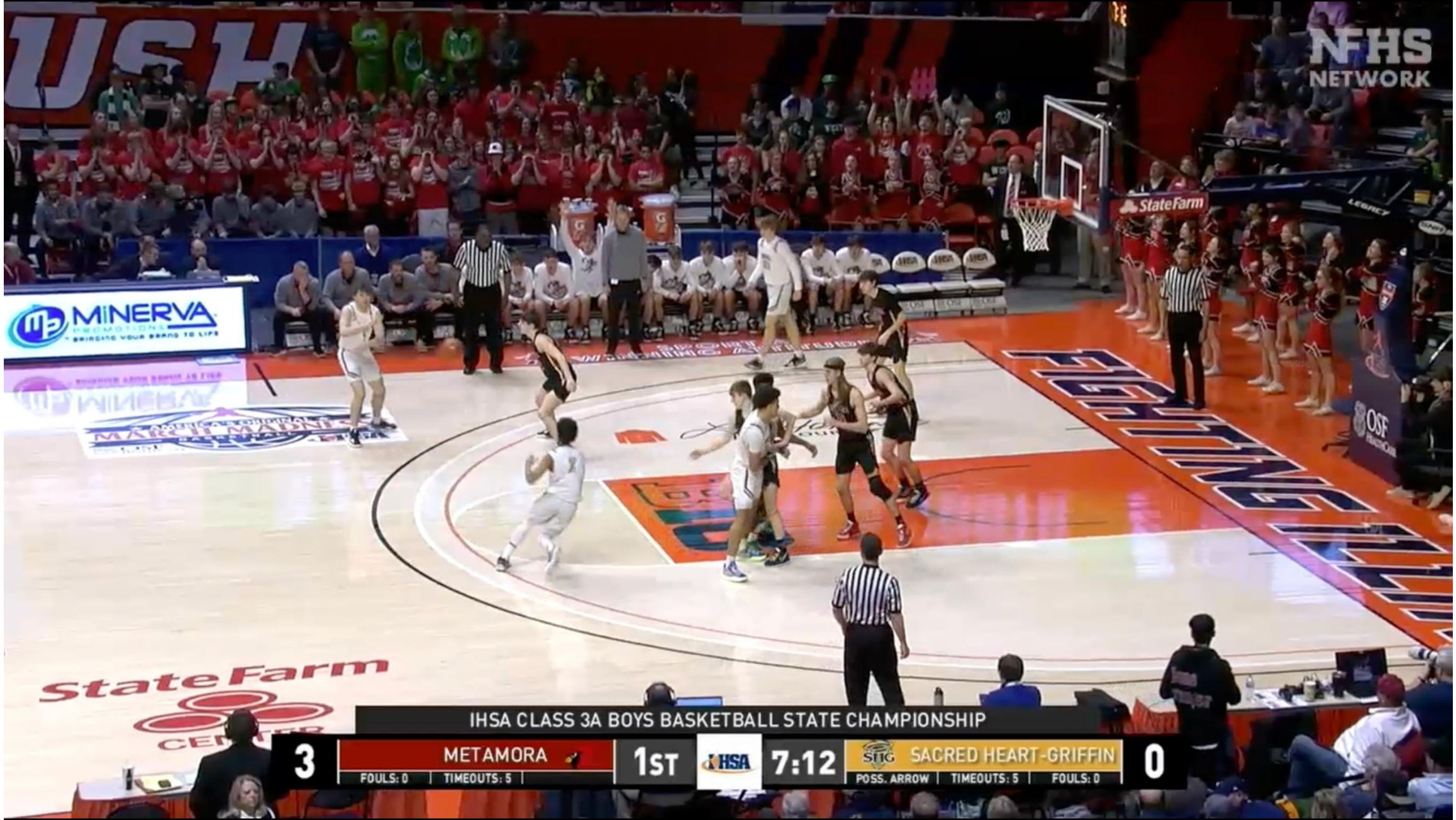
NHS NETWORK

State Farm

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CENTRE

IHSA CLASS 8A BOYS BASKETBALL STATE CHAMPIONSHIP

3	METAMORA	1ST	IHSA	7:20	SHG	SACRED HEART-GRIFFIN	0
FOULS: 0	TIMEOUTS: 5				POSS. ARROW	TIMEOUTS: 5	FOULS: 0



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3

METAMORA

1ST

IHSA

7:12

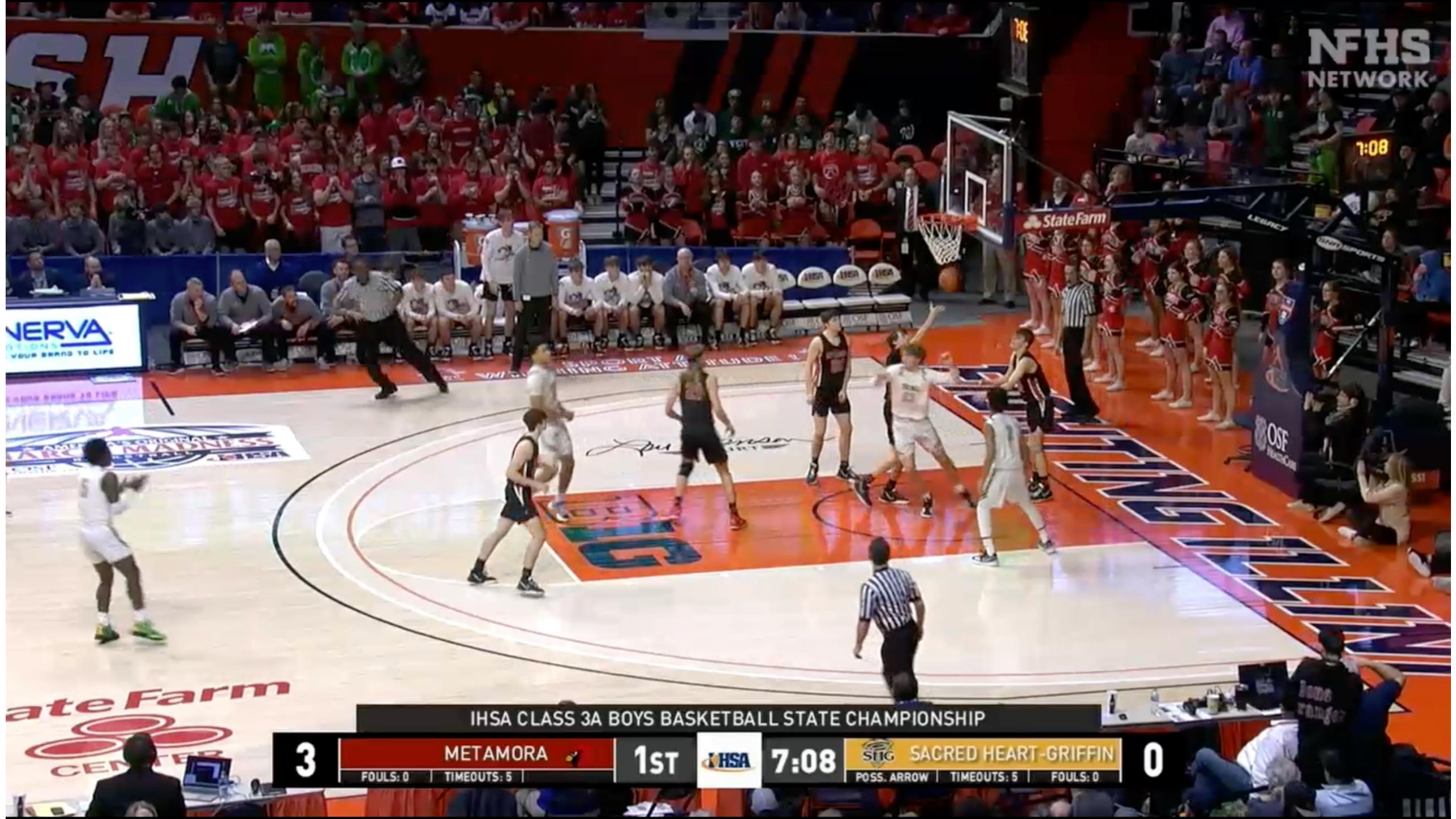
STG

SACRED HEART-GRIFFIN

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FOULS: 0 | TIMEOUTS: 5

POSS. ARROW | TIMEOUTS: 5 | FOULS: 0



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7:08

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3

METAMORA

1ST



7:08



SACRED HEART-GRIFFIN

0

FOULS: 0

TIMEOUTS: 5

POSS. ARROW

TIMEOUTS: 5

FOULS: 0